



Yoga Teacher Training COVID FAQ

What is the plan if we have another lockdown?

We have experience and the tools to support your journey should we need to host part, or all, of the training over zoom.

What if the teacher needs to isolate?

Teachers do everything in their power to avoid the need to isolate before a training. In the event the teacher needs to isolate, if the teacher is healthy, there will be the option to move forward virtually. In this case, a reimbursement would be an option.

What if a student needs to isolate?

The zoom platform will be offered so that the student can join the program from home. Reimbursements will not be offered in this case.

Out of town

If you are coming from out of town, please be aware of the zone your city is in and respect the requirements of your city. If your city is in lockdown, you will be able to join the program via zoom.

Arrival

Please do not arrive earlier than 15 minutes before the scheduled training start time.

Covid Symptoms

Do not enter the studio if you or someone you live with has COVID 19 symptoms. You may join the program over zoom.

Travelling

If you have travelled, you must quarantine for two weeks prior to the start date of the program. Joining the program via zoom is an option.

Physical Distancing During the Program

Maintain physical distancing between teachers, staff and members at all time.

Masks

You are required to wear a mask until socially distant on your mat and you are required to wear the mask when moving around the studio.

Social Distancing in the Studio

Mats will be placed in designated spaces with 6 feet of physical distancing in all directions.

If you have any other questions or concerns, please contact us.

In good health,
The Beyond Team

Beyond Yoga Studio & Wellness Centre

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